
Meridian Psychological Center, PC

Bill R. Arnold, Ph.D., ABPP



Adolescents, Adults & Older Adults
Clinical & Forensic - Consultation, Assessment & Therapy

Professional Vita

Credentials

Professional

- Board Certified, Diplomate in Counseling Psychology, American Board of Professional Psychology. Certificate # 5296.
- Certificate of Professional Qualification in Psychology, Association of State and Provincial Psychology Boards. Certificate # 365.
- Licensed Psychologist, Idaho Psychology Board, Bureau of Occupational Licenses. Lic # 389.
- Clinical Psychologist Provider, Medicare
- Senior Designated Examiner, State of Idaho, Department of Health and Welfare
- Medical Expert, Social Security Office of Hearings and Appeals
- Domestic Violence Batterer Evaluator, Idaho Supreme Court Listing
- Member, Idaho Board of Psychologist Examiners, Governor's Appointment from 2007-2011

Educational

- Post-doctoral Supervision: Counseling & Clinical Psychology, Community Psychological Services, Denton, Texas, Supervisor: Don A. Smith, Ph.D., Psychologist. Clinical Psychologist, Texas Rehabilitation Commission, Ft Worth, Texas, Supervisor: William Thompson, M.A. (Clinical Psychology), 1976-1978. Psychological and neuropsychological evaluations, in addition to individual and group cognitive behavioral counseling and therapy.
- Ph.D., Areas of Study: Counseling & Clinical Psychology; University of North Texas (UNT), Denton, Texas, 1976. Practica and Labs in Psychological and Cognitive Assessment, Individual/Group Counseling, Clinical Consultation, and Behavior Therapy, including Aversion Therapy. Internship: UNT Counseling and Testing Center, Supervisor: Edward C. Bonk, Ed.D. Faculty/Psychologist; Thomas Overton, Ph.D., Center Director/Psychologist, 1975-76. Psychological and cognitive evaluations, in addition to cognitive behavioral counseling and therapy.
- M.A., Major: Clinical Psychology, UNT, 1973. Practica and Labs in Psychological Testing, including cognitive and personality assessment. External Practicum: Elmwood Psychiatric Hospital, John Peter Smith Hospital, Supervisor: Thomas Blackmon, Ph.D., Faculty/Psychologist; John Dolenz, Ph.D., Director of Psychology/Psychologist, Ft. Worth, Tx. 1972. Psychological and substance abuse evaluations, in addition to behavioral therapies, including aversion therapy.
- B.A., Psychology, University of Houston, 1971

Professional Employment

- **Private Practice/The Meridian Psychological Center, P.C.**
Meridian, ID 83642 Phone: (208) 855-0660

September 2000 to Present

Position: Psychologist and President

Professional Services:

Specializing in services to Older Juveniles, Adults and Older Adults. Clinical and forensic services. Psychological & neuropsychological assessments: pre-surgical evaluations, adult ADD evaluations, mental health parenting evaluations, dementia evaluations, competency to stand trial examinations, pre-sentencing evaluations, domestic violence batterer evaluations, testamentary capacity, disability determination/IME evaluations, civil commitment and risk assessments, and vocational disability evaluations. Medical expert for Social Security Hearings and Appeals. Fitness for duty evaluations for Idaho State Police and Idaho Department of Corrections.

Special interest and training in psychological and neuropsychological assessments

Cognitive-Behavior Therapy for psychological disorders including:

- Anxiety and depressive, bipolar & somatoform disorders
- Adjustment to situational factors, physical disability or medical illnesses

Hospital Privileges:

St Luke's Regional Medical Center
Saint Alphonsus Regional Medical Center
Privileges for Psychological & Neuropsychological Evaluation
Individual Therapy and Case Consultation

- **Adjunct Faculty**, Psychology Department, Boise State University, Spring 2002.
- **Private Practice /The McAllen Psychological Center, P.C.**
McAllen, Texas 78501 Phone: (956) 687-1833

August, 1978-August, 2000

Position: Psychologist (Tx License #1273) and Co-owner/Vice President

Clinical Services: As listed above. In addition: Supervision of post-doctoral interns, evaluations for Hidalgo County Adult Probation, Pre-employment law enforcement screening, Psychological evaluation and therapy for adult anxiety disorders, depression, female victims of sexual abuse, and domestic violence.

Hospital Privileges: Charter Palms Hospital, McAllen, Texas:
Clinical Service Director of Psychology, Medical Executive Committee Voting Member, Credentials Review, Quality Assurance, Clinical Supervision, Psychological and Neuropsychological Evaluation Services (1985-January, 2000)

McAllen Medical Center, McAllen, Tx:
Neuropsychological Assessment, Rehabilitation Unit
Inpatient Evaluation, Therapy and Consultation Services (through 8-2000)

Edinburg Regional Medical Center, Edinburg, Tx:
Psychiatric Inpatient Evaluation/Therapy; and Psychological Services
Contract (through 8-2000)

Universal Health Systems Rehabilitation Pavilion, Edinburg, Tx:
Individual Medical Inpatient Assessment/ Therapy; and Group Therapy
Services Contract (through 8-2000)

LifeCare Hospital of South Texas, Edinburg, Tx:
Individual Medical Inpatient Assessment/Therapy (through 7-2000)

- **Faculty, The University of Texas-Pan American (UTPA)**
Edinburg, Texas 78539 Phone: (956) 381-3329
August, 1978- May, 2001

Position: Graduate Clinical Psychology (MA) Program Director
September, 1994 - August, 2000.

Responsibilities: Management and coordination of all aspects of the Master of Arts degree program in Clinical Psychology, including obtaining grants to support program development. Supervising operation of the Graduate Clinical Psychology Training Clinic. Supervising graduate clinical teaching assistants. Supervised evaluation and therapy for university and community based clients, including female victims of sexual abuse and domestic violence, parenting issues, as well as substance abuse, depression, and other complaints. Negotiating and coordinating community hospital and agency internship sites.

Position: Full Professor, Tenured

Department of Psychology and Anthropology
September, 1989-August, 2001 (Professional Development Sabbatical to Study Psychopharmacology: August 2000-May 2001). Assistant and Associate Professor of Human Services, School of Health Related Professions, 1978-1983, Pan American University. Associate Professor, Department of Psychology, 1983-1989; Full Professor, 1989-2001, UTPA.

Graduate Psychology Teaching Areas:

Advanced behavior management, individual and group psychotherapy, substance abuse, personality assessment, clinical neuropsychology, professional and ethical issues, clinical practica, internship and thesis supervision.

- **Clinical Psychologist, Texas Rehabilitation Commission**
Fort Worth, Texas
November, 1976- January, 1978

Responsibilities: Joint TRC-Texas Department of Health and Welfare Project including psychological and neuropsychological evaluation of psychological aspects of medical disorders, as well as psychiatric and substance abuse disorders, group counseling and clinical consultation. Supervisor: William Thompson, M.A.

- **Assistant Director, Help House, Inc. (Drug Crisis and Community Counseling Center)**
Denton, Texas
1972-1974

Responsibilities: Assessment and intervention with substance abuse, suicidal and domestic violence clients with crisis intervention/short term protective shelter. Staff Counselor, 1971-1974. Supervisors: Dr. El Sorenson,

Dean of Students, University of North Texas; and Dr. Norma Gilbert,
Professor, Texas Woman's University.

Professional Associations

- Idaho Psychological Association
 - Fellow, January 2000 – Present
 - Public Education Coordinator, September, 2000-2002
 - President-elect, 2002-2003
 - President, 2003-2004
 - Past-president 2004-2005
 - Chair, State Advocacy Committee (2004-2006)
 - Secretary, 2006-2007
- Rio Grande Valley (Texas) Psychological Association
 - Past-President, 1986-1988
 - President, 1984-1986
 - Secretary-Treasurer, 1982-1984
 - Charter Member, 1980-2000
- Texas Psychological Association
Member, 1977-2000
- American Psychological Association, Member 1977-Present
Division of American Psychology and the Law; Division of Clinical Neuropsychology

Professional Achievements

Refereed/Invited Publications

- Arnold, B. & Matus, Y. (2000) Test translation and cultural equivalence methodologies for use with diverse populations. In Cuellar, I. & Paniagua, F. (Eds.). *Cross cultural mental health: Assessment and Treatment*, New York: Academic Press.
- Arnold, B., Cuellar, I. & Guzman, N. (1998) Clinical and statistical evaluation of the Mattis Dementia Rating Scale – Spanish Adaptation: An initial investigation, *Journal of Gerontology: Psychological Sciences*, 53B(6), 364 - 369.
- Cuellar, I., Arnold, B. & Gonzalez, G. (1995) Cognitive referents of acculturation: Assessment of cultural constructs in Mexican Americans, *Journal of Community Psychology*, 23, 339-356.
- Cuellar, I., Arnold, B. & Maldonado, R. (1995) Acculturation Rating Scale for Mexican Americans-II: A revision of the original ARSMA scale, *Hispanic Journal of Behavioral Sciences*, 17 (3), 275-304.
- Arnold, B., Montgomery, G., Castaneda, I., & Longoria, R. (1994) Acculturation and Performance of Hispanics on Selected Halstead-Reitan Neuropsychological Tests, *Assessment*. 1 (3), 239-248.
- Montgomery, G., Arnold, B., & Orozco, S. (1990) MMPI supplemental scale performance and Mexican-American level of acculturation, *Journal of Personality Assessment*. 54(1 & 2), 328-342.
- Arnold, B. & Orozco, S. (1989) Physical disability, acculturation, and family interaction among Mexican-Americans, *Journal of Applied Rehabilitation Counseling*. 20 (2), 28-32.

- Arnold, B. & Orozco, S. (1989) Acculturation and evaluation of disabled Mexican-Americans. *Journal of Rehabilitation*. 55(1), 53-57.
- Cuellar, I. & Arnold, B. (1988) Cultural considerations in rehabilitation of Mexican-Americans. *Journal of Rehabilitation*. 54 (3), 35-41.
- Arnold, B. (Ed) (1987) *Disability, Rehabilitation and the Mexican-American*. Monograph, University of Texas-Pan American.
- Arnold, B. (1980) An International perspective on psychological aspects of the heart attack: a bibliography with selected annotations, *JSAS Catalog of Selected Documents in Psychology*, 10 Ms. 2007.
- Arnold, B. & Parrott, R. (1978) Job Interviewing: Stress management and interpersonal skills training for welfare-rehabilitation clients. *Rehabilitation Counseling Bulletin*. 22 (1), 44-52.
- Holcomb, T., & Arnold, B. (1976) Cerebral dominance in visual perception: An annotated bibliography, *JSAS Catalog of Selected Documents in Psychology*. 6, Ms. 1232.
- Arnold, B., Wenrich, W., & Dawley, H. (1973) Assertive training employing anxiety-relief conditioning and behavioral rehearsal, *Research in Mental health and Behavioral Sciences*. 15, (4), 22-24.

Selected Research Presentations

- Longoria, R. Arnold, B. & Burns, J (1998). *Acculturation level and sub-test performance of Mexican Americans on the Halstead Category Test*, Texas School Psychology Association Annual Conference, San Antonio.
- Arnold, B. (1994) *Moderator indices performance of Mexican-Americans on the Millon Clinical Multiaxial Inventory-II*. Invited paper. Symposium: Mexican American Response Sets Affecting Validity of Psychological Test Results. Annual Conference of the Texas Psychological Association, Houston.
- Castaneda, I. & Arnold, B. (1994) *Construct validity of the Halstead Category Test for use with Hispanics*. Annual Conference of the Texas Psychological Association, Houston.
- Arnold, B. (1993) *User beware: The inadequacies of neuropsychological test use among Hispanics*, Invited paper. Symposium: Neuropsychological Tests and Procedures: Cross Cultural Considerations, Annual Conference of the Texas Psychological Association, Austin.
- Arnold, B., Montgomery, G., & Igoa, J. (1991) *Evaluation of Spanish version of the Millon Clinical Multiaxial Inventory-II for Psychiatric Inpatients*. Annual Conference of the Southwestern Psychological Association, New Orleans.
- Parsons, P., Bernal, E., & Arnold, B. (1991) *Validation of the Brief Symptom Inventory with a clinical Mexican-American population*. Annual Conference of the Texas Psychological Association, San Antonio.
- Winkel, M., Arnold, B., Carter, S., Palacios, H., & Gomez, E. (1990) *Factors predicting hospitalization risk of Mexican- American mental health clients*. Annual Conference of the Texas Psychological Association, Dallas.

Major Research Grants

- Principle Investigator, *Validation of neuropsychological tests for rehabilitation planning with disabled Mexican-Americans*. National Institutes of Health-Minority Biomedical Research Support Program and National Institute for Deafness and Communication Disorders 1990-1994.
- Principle Investigator, *Disability and evaluation of Mexican-Americans*, National Institutes of Health-Minority Biomedical Research Support Program, 1986-1990.
- Principle Investigator, *Family factors and adjustment of handicapped Mexican-Americans disabled by neurological or physical impairment*, Field Initiated Research Grant Program, National Institute on Disability and Rehabilitation Research, U.S. Department of Education, 1984-1987.

Curriculum Development Grants

- Principle Author and Project Director, Undergraduate training in rehabilitative services, Rehabilitative Services Administration, U.S. Department of Education, 1980-82. This grant resulted in the creation of the Bachelors degree in Rehabilitative Services, at the University of Texas-Pan American.
- Co-Author, Undergraduate training sequence in Substance Abuse, Texas Commission on Alcoholism and Drug Abuse, 1979-1980. This contract resulted in an interdisciplinary sequence of courses meeting the educational criteria for certification as an alcoholism and drug abuse counselor in Texas, presently housed in the Rehabilitative Services Program at the University of Texas-Pan American.